## Awareness Programme on Health Issues, dated 19.12.2023

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This year's Health Awareness Programme organised by the Internal Quality Assurance Cell of Victoria Institution College on 19.12.2023. addressed two significant issues related to Woman's health and hygiene: Breast Cancer & its early detection, and the Usage of Menstrual cup. The resource persons for the programme, both nursing students from the Govt. College of Nursing ID and BG Hospital Campus joined us to sensitize our students on the aforesaid matters. They tried their best to ease the general awkwardness of the students in this regard and encouraged them to open up and interact more. The event proved to be a good learning experience for all.

